



WORM'S WAY
“COWBELLS AT FONTANEL”

Presented by Homegrown Bicycles Racing



October 22, 2011

Fontanel Mansion • 4105 Whites Creek Pike
Nashville, Tennessee



Worm's Way Cowbells at Fontanel - Presented by Homegrown Bicycles Racing Schedule for All Races

CATEGORY	DISTANCE / TIME	START TIME*	PRIZES**
Men's CX 4	30 Minutes	10:00 AM	Prizes/3
Women's CX 4	30 Minutes	10:00 AM	Prizes/3
Masters 35+	45 Minutes	10:45 AM	Prizes/3
Masters 45+	45 Minutes	10:45 AM	Prizes/3
Men's CX 3	45 Minutes	11:45 AM	Prizes/3
Women's Elite, CX 1, CX 2, CX 3	45 Minutes	11:45 AM	\$90/3 = \$40, \$30, \$20
Men's Elite, CX 1, CX 2	60 Minutes	12:45 PM	\$160/5 = \$50, \$35, \$30, \$25, \$20
CX Single Speed	30 Minutes	2:00 PM	Prizes/3
CX Juniors, 15 – 18	30 Minutes	2:00 PM	Prizes/3
CX Juniors, 10 – 14	2 Laps***	2:00 PM	Prizes/3
Beginner****	2 Laps***	2:00 PM	N/A

* All start times are Central time

** Total payouts will not exceed \$499.00 per category/per day

*** 2 Lap races may be shortened depending on course conditions and length of course

**** Beginner races are for racers that do NOT hold any other USA Cycling annual license, male and female 18+ years old.

REGISTRATION

- Pre-registration available at www.USACycling.org. Pre-registration closes the Thursday before the race weekend at 10:00 PM (Central time).
- Race day registration and packet pick up available on the day of the event beginning at 8:30 AM (Central time)

FEES

\$20.00 – All Categories except Juniors and Beginners

\$10.00 – Juniors

\$15.00 - Beginner, which includes the cost of a one-day USA Cycling license

Everyone except beginners can compete in a 2nd or 3rd race and pay only \$5 for each subsequent race – **day of registration ONLY to receive this price for 2nd and 3rd races!**

POINTS

Race is a TBRA Division I race. TBRA points will be awarded accordingly.

LICENSES

- All racers must present a valid racing license or authorization to ride form. Unlicensed riders will be required to purchase a \$10.00 one-day license or annual license, and will be placed in the Men's CX4, Women's CX4, or Masters (35+, 45+) Categories. All riders will be required to complete and sign a standard athlete entry release form.
- One-Day and Annual USA Cycling license sales available at registration for \$10 and \$60, respectively

COURSE DESCRIPTION

Course will consist of grass over flat to rolling terrain with run ups and barriers. Course distance will range between 1.5 and 2.0 miles. Courses may also include asphalt. Courses will be clearly marked with tape, stakes and flagging throughout. Courses will be at least 10 feet wide throughout the majority of the course to allow for easy maneuvering and passing. The course will feature either two individual pits or one double pit.

GENERAL INFORMATION

- Held under USA Cycling Permit 2011-3203.
- Race numbers will be issued during on-site registration.
- All USA Cycling rules apply.
- Riders must wear helmets which meet USDOT helmet standards or US Consumer Protection Safety Commission (CPSC) approved helmets at ALL times during event.
- Entry fee includes \$3 per racer for USA Cycling insurance coverage.
- Entry fee includes \$2 per racer TBRA surcharge.
- No refunds.
- Racing takes place regardless of weather. In fact, the nastier the better!
- Organizer reserves the right to combine fields. Fields with fewer than four (4) riders may be combined or canceled.
- Protest period will be 15 minutes after results are posted.
- Bar ends must be removed from mountain bikes.

DIRECTIONS TO FONTANEL MANSION:

From Nashville:

Take I-65 N toward I-24 W/Louisville/Clarksville. Keep left to take I-24 W via EXIT 88B toward Clarksville. Merge onto Briley Parkway/TN-155 W via EXIT 43. Take the US-431/Whites Creek Pike exit, EXIT 19. Turn right onto Whites Creek Pike/US-431/TN-65. Go 1.8 miles to Fontanel Mansion. Parking for race participants will be clearly marked.